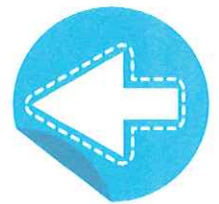
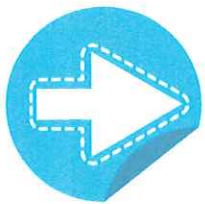
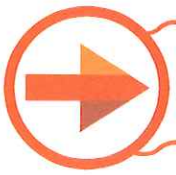




Here are three fun ways to teach Helping Hands about other cultures. Adapt the activities to meet the needs of your Helping Hands or create your own activities.





The following activities partially fulfill the requirement for My World II: The World of Other People, which is to complete the Country Fun award. See the Helping Hand Activity Book for accompanying worksheet(s).

ACTIVITY

1

Sand Painting

15

MINUTES

WHAT YOU DO

MATERIALS NEEDED

- Tag board, 9 × 12 in (23 × 30.5 cm)
- Colored sand, at least four or five different colors
- Foam paintbrushes, 1 or 2 in (2.5 or 5 cm)
- Craft glue
- Small paper plates
- Plastic spoons
- Newspaper
- Pencils
- World map or globe
- Sand painting pictures from around the world

Ahead of time: If you want to make your own colored sand, add dry tempera paint powder to a container of sand. Add the powder a little at a time, then place the lid on the container and shake well. The more you add, the brighter the color will be.

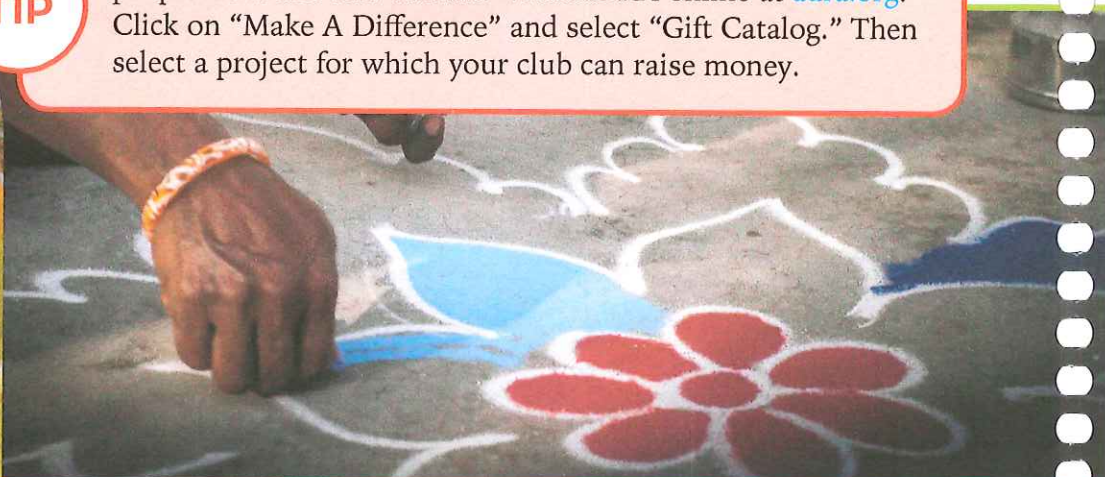
Locate sand painting pictures from around the world. You can find pictures to print at en.wikipedia.org/wiki/Sandpainting. Your local library may also have books on sand painting.

Start by showing the Helping Hands sand painting pictures from a variety of cultures. Examples of cultures that paint (decorate) with sand are the American Navajo (who called it dry painting), Tibetan monks, Indigenous Australians, the Japanese (tray painting), the Senegalese, and Mexicans and Mexican-Americans. As you show the sand paintings to the children, use a map or globe to show where the people live.

Before starting, cover the work area with newspaper. Have the children draw a simple design or picture onto the tag board. (A detailed design will be difficult to complete.) Next have them apply glue onto one section of their design and sprinkle a spoonful of sand onto the glue. Then gently lift the tag board and blow the excess sand onto the newsprint. Repeat until all sections of the design are completed.

TIP

Want to encourage Helping Hands to share Jesus' love with people from another culture? Visit ADRA online at adra.org. Click on "Make A Difference" and select "Gift Catalog." Then select a project for which your club can raise money.



Catch the Dragon's Tail

20
MINUTES

2 ACTIVITY

MATERIALS NEEDED

- Large open space to play the game

WHAT YOU DO

Ahead of time: If you want more information on international children's games, visit parents.com/fun/games/educational/games-from-around-the-world or do an Internet search or check the library.

Share games that children around the world play that may be similar to games your Helping Hands have played. Examples: Chile: run, run, la guaraca (like duck, duck, goose); Pakistan: ouch neech (a version of tag); South Korea: kongi noli (like jacks, but played with stones); Sumatra: sumut, orang, gajah (like rock, paper, scissors, except it uses ant, man, elephant). Show the Helping Hands on a map or globe where each country is located.

Now it's time to play a Chinese game called catch the dragon's tail. Have the Helping Hands line up and place their hands on the shoulders of the child in front of them. The person at the front of the line is the dragon's head and the last in line is the tail. The goal of this game is for the head to catch the tail, with the children in the middle trying to protect the tail from getting tagged. When the head captures the tail, the second child in line becomes the head and the child who was the head moves to the tail. You can also play this game with two dragons where the heads of each dragon try to tag the tails of the other dragon.





ACTIVITY

3

International Ice Cream Party

10
MINUTES

MATERIALS NEEDED

- Bowls
- Spoons
- Napkins
- Hand sanitizer
- Ice cream (offering any unusual flavors that your Helping Hands are unfamiliar with makes the activity even more fun)
- Toppings (see sidebar at bottom right for ideas)

Find out if any of the children have food allergies or special diets. You may need to provide a dairy-free ice cream choice. Do not serve nuts if anyone in the group is allergic to them.



WHAT YOU DO

Ahead of time: Set up the ice cream buffet. Label the ice cream and toppings with their name and region of origin. Place maps or globes on the buffet table so the children can locate the area where their ice cream flavors and toppings are popular.

Begin by teaching the Helping Hands to greet each other in three or four different languages. You might teach them the following: Swahili—Jambo (JOM-bo), Chinese—Nín hǎo (KNEE-how), German: Hallo (hal-lo), Japanese—Ohayou (o-HI-yo), Spanish—Hola (OH-la).

Ask the children to name their favorite ice cream flavor. Then talk about how the treats on your buffet represent popular foods and flavors from around the world. Discuss how people from other parts of the world grow different crops and enjoy different foods and flavor combinations. People from different countries also enjoy also other types of frozen treats such as shaved ice and gelato.

Now invite the children to the ice cream buffet and encourage them to try new flavors and toppings.

This activity was adapted from The Kids' Multicultural Cookbook: Food & Fun Around the World by Deanna F. Cook (Williamson, 1995).

Toppings

- Australia: macadamia nuts
- Brazil: Brazil nuts
- Canada: warm maple syrup
- China: mandarin oranges
- Denmark: crushed butter cookies
- Egypt: pomegranate seeds
- England: crushed toffee bars
- France: whipped cream
- India: ground cardamom
- Israel: figs or dates
- Italy: maraschino cherries
- Mexico: ground cinnamon
- New Zealand: kiwi
- Nigeria: cashews
- Scotland: butterscotch sauce
- South Africa: sunflower seeds
- Switzerland: chocolate sauce
- Thailand: shredded coconut
- The Caribbean: banana slices
- The Middle East: pistachios
- Uganda: sorghum
- United States: peanuts, peanut butter



Award: Country Fun

To complete this award, check the requirements on p. 133 and add activities as needed.



Requirement: My World II