



Meeting 16 Sewing



Here are three fun activities that you can do with the Builders to earn the Sewing award. Adapt the activities to meet the needs of your Builders or create your own.





The following activities partially complete the requirements for the Sewing Fun award.

ACTIVITY

1

Tic-tac-toe

10

MINUTES

WHAT YOU DO

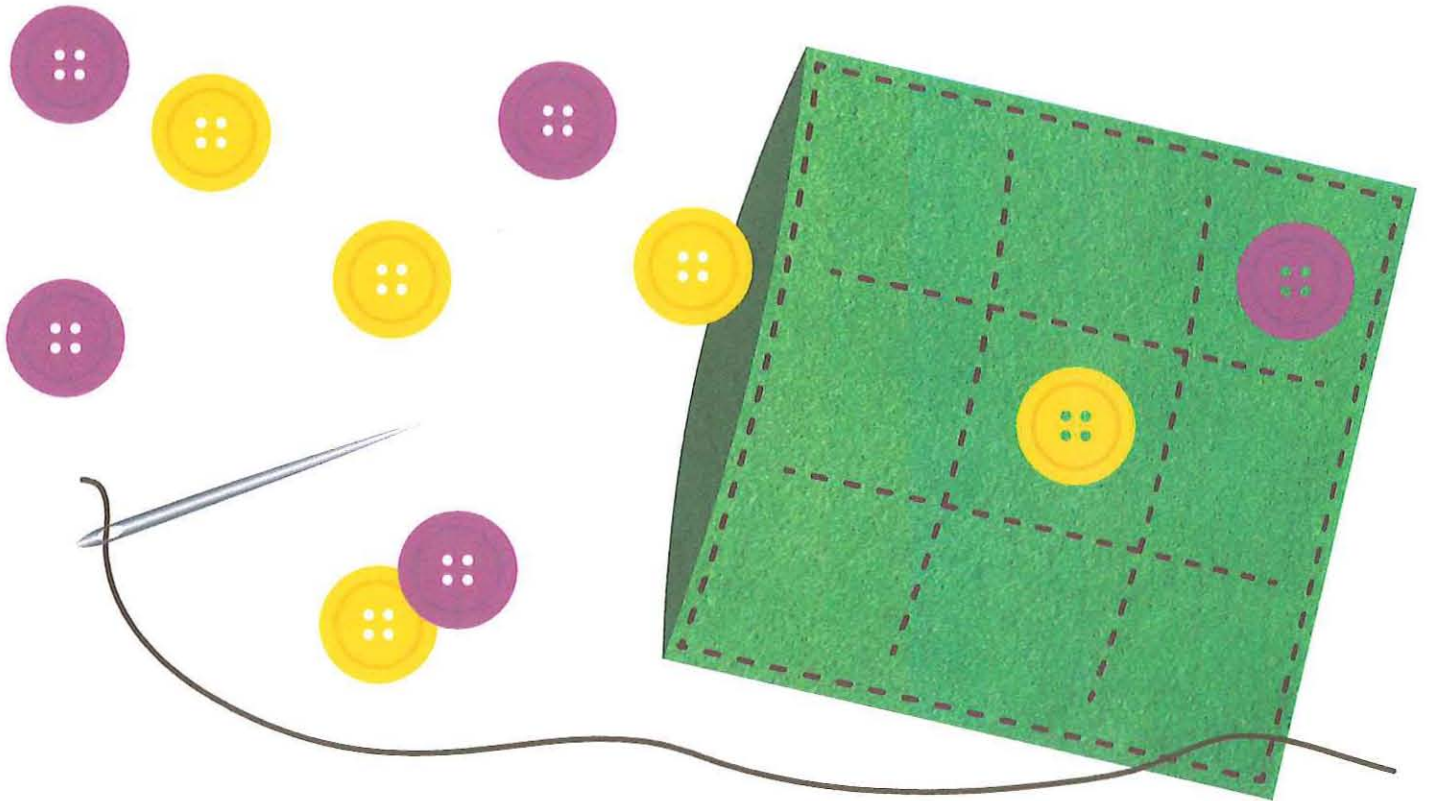
Begin by showing the Builders a completed tic-tac-toe sewing project. Show the children how to thread a needle and tie a knot in the thread. Have the Builders draw a tic-tac-toe grid on one of the squares of felt. Demonstrate a running stitch. Now have the children use a running stitch to outline the tic-tac-toe grid that they drew onto the fabric. Next, have them place the felt square with the tic-tac-toe grid on top of the other felt square. Then have the children use a running stitch to sew three of the edges of the square. (Leave one edge open so the children can store the buttons in the pouch.) Now give the children buttons that they can use to play tic-tac-toe.

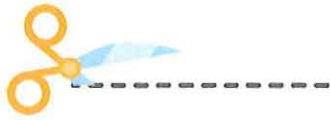
MATERIALS NEEDED

- Felt squares, 5 × 5 in (13 × 13 cm), two per project
- Pen or pencils
- Embroidery thread
- Embroidery needle
- 10 buttons per project (five buttons in one color and five buttons in a second color)

TIP

Pair an adult with children to help with threading the needle, tying the knot, and sewing the running stitch.





Puppy Faces

15
MINUTES

WHAT YOU DO

Show the Builders a completed puppy face. For this project, show the children how to make a running stitch and a cross stitch. You may want to have them practice on a piece of scrap felt before beginning.

Let them be creative and add or make changes to the pattern. Assign an adult to each child or small group of children to help with threading the needles, tying knots in the thread, sewing on buttons, and any other help the children need.

Puppy instructions: Sew on buttons for the eyes using a cross stitch in the buttonholes. Cut out one felt oval for the dog's muzzle and two for the ears. Glue them on. Sew on a button for the dog's nose. With a pencil, outline the dog's mouth and then use a running stitch to trace the pencil lines.

This activity was adapted from 365 Things to Make and Do by Fiona Watt (Usborne, 2007).

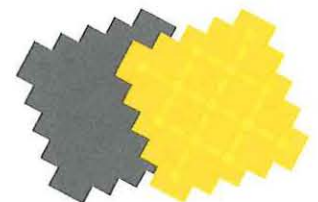
2 ACTIVITY

MATERIALS NEEDED

- Felt, a variety of colors
- Embroidery thread
- Embroidery needles
- Buttons
- Fabric glue
- Fabric pens
- Pencils
- Puppy Face Pattern (see p. 133 or Pinterest)
- Scissors




Find the **Puppy Face Pattern** at [Pinterest.com/AdventSource](https://www.pinterest.com/AdventSource)



ACTIVITY

3

Fabric Self-portraits

20
MINUTES

WHAT YOU DO

Show the Builders a completed fabric portrait. Assign adults to each child or to a small group of children to assist them with any problems or questions. If some children don't finish, let them take home the materials needed to complete the project.

Follow these steps to create fabric self portraits:

MATERIALS NEEDED

- Squares of lightweight backing fabric, cotton or muslin, 13 × 13 in (33 × 33 cm)
- Felt squares, the same size as the backing fabric or a little smaller (include a variety of shades based on your Builders' skin tones)
- Needles
- Thread, several colors
- Yarn, variety of colors
- Buttons
- Ribbon
- Scraps of fabric
- Fabric pens
- Cotton balls
- Scissors

1. Cut out an oval from the felt.
2. Stitch or glue yarn onto the face for hair. If sewing the yarn onto the face, use bunches of yarn.
3. For the eyes, children can draw them with the fabric pen and outline them with stitches. They can also use buttons and/or fabric.
4. Eyebrows can be made of yarn or stitches.
5. Noses can be made of fabric and glued or stitched onto the face or drawn with a fabric pen.
6. Mouths can be made of fabric and glued or stitched on, drawn with a fabric pen, or outlined with stitches.
7. Encourage the children to add details, such as freckles, bows, hats, shirt collars, or whatever they can imagine!
8. Use a running stitch to attach the felt to the backing fabric. Leave a 3 in (7.5 cm) opening at the top of the felt oval.
9. Stuff cotton balls into the felt oval to make the face three-dimensional.
10. Finish sewing the felt oval onto the backing.

This activity was adapted from Fabric Fun for Kids by Julie Dock Karen Bates (Now and Then, 1997).

Award: Sewing Fun

To complete this award, check the requirements on p. 145 and add activities as needed.