



Here are three fun ways that you can encourage your Builders to spend regular time in prayer with Jesus. Adapt the activities to meet the needs of your Builders or create your own activities.





The following activities partially fulfill the requirements for My God III: God's Power in My Life, which include completing the Prayer award. See the Builder Activity Book for accompanying worksheet(s).

## ACTIVITY

# 1

# Walk the Church Prayer

15  
MINUTES

## MATERIALS NEEDED

- None

## WHAT YOU DO

This activity can be done in the church or wherever the club meeting is held. You can do this as a group or you can divide the kids into groups of three to four with an adult.

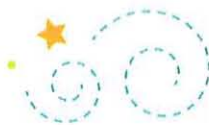
Talk to the children about prayer. Begin this activity outside and as you walk through the church or building, say a prayer when you reach different areas. See examples below.

**Front Door:** This is where the children are welcomed into God's house. You might thank Jesus for welcoming each child into God's family or encourage the children to say a prayer welcoming Jesus into his or her heart. (The children's prayers can be silent.)

**Foyer:** Tell the children that just as they put away their coats, they can put away their worries when they come to church. You might thank Jesus for caring about the children's worries. The children can pray silently about something they are worried about.

**Kitchen:** In the kitchen, you could say a thank you prayer for both the food and the people who grow and prepare it. The children can each thank Jesus for a specific food or a cook they appreciate.

**Stairs:** Have the children silently say a prayer for a specific person or give a thank you prayer as they climb each stair.



# Grace Mats

10  
MINUTES

## WHAT YOU DO

Read Luke 24:30 (NIV): “When he was at the table with them, he took bread, gave thanks, broke it and began to give it to them.” Share with the Builders that before a meal, it is good to take time from their busy day and thank Jesus for what He has given them.

Have each Builder select a grace and stencil it on the construction paper. The children can color the stenciled words or just outline them. Place the laminating sheets on both sides of the construction paper to create a grace mat. Allow each Builder to create as many grace mats as time allows.



Find the list of **Graces** at [Pinterest.com/AdventSource](https://www.pinterest.com/AdventSource)



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## ACTIVITY

### MATERIALS NEEDED

- Construction paper, 8.5 × 11 in (21.5 × 28 cm)
- Alphabet stencils
- Markers
- Self-adhesive laminating sheets, slightly larger than construction paper (or trim the paper if needed)
- Graces (see p. 122 or Pinterest)

**Thank You**  
for our food, we pray.  
May we in turn  
do good today.



## ACTIVITY

# 3

## Kite Praise

20  
MINUTES

### WHAT YOU DO

#### MATERIALS NEEDED

- One large, elaborate kite for the entire group or one small kite per child
- Post-it notes
- Pens or pencils

Begin by reading Psalm 148:1 (NIV): “Praise the LORD from the heavens; praise him in the heights above.” Explain that praising God is a way to pray. Ask the children for examples of praises to God and give them examples such as God loves me, God gave me a sister, God gave me a great family, or God gave me a best friend.

Give each Builder five Post-it notes and a pen or pencil and have them write one thing they want to praise God for on each note. Stick the Post-it notes onto the kite(s). If possible, go outside and fly the kite(s). If not, let the children take their kites home. If they can't fly the kites, they can hang them in their rooms and continue to add Post-it notes with praises to God.

#### TIP

If you are unable to fly the kites, you can fill up the remainder of the time by singing praise songs such as “Hallelu, Hallelu.”

*The activities in this meeting were adapted from “Grace Mats” from 100 Creative Prayer Ideas for Kids by Karen Holford (Pacific Press, 2003).*



**Award:** Prayer

To complete this award, check the requirements on p. 143 and add activities as needed.

**Requirement:** My God III, A and B