

# My Family Helps Me Care for Myself

## Safety Specialist Award



- 1. Watch a video on home safety and discuss what you learned.
- 2. With your parents, develop a home fire-safety plan. Describe where the household fire extinguisher(s) is/are kept and how to use it/them.

### Home Safety Plan

If someone finds a fire, they will \_\_\_\_\_.

I will \_\_\_\_\_ immediately.

I can call \_\_\_\_\_ from the neighbor's house. If my door feels hot, I can go out

\_\_\_\_\_. I will go straight to

\_\_\_\_\_. The fire extinguisher

is \_\_\_\_\_.

Decorative border with icons: pencil, stars, basket, church, paper, people, saw, magnifying glass, laptop, pot, person, triangle, lightning, pencil, bird, eye, frog, no symbol, leaf, arrow, hand, wheel, hand holding plant, bird, cross, flower, rabbit, apple, leaf, alarm clock, TV, musical note, person, person with wheel, hand, arrow, house, water, scissors, hand, person, person.

3. Practice a fire drill at:  
• Home                      • School                      • Church (if possible)

4. As appropriate for your area, practice the following drills:  
• Hurricane                      • Tornado                      • Earthquake  
• Flood                      • Volcano                      • Lightning and thunder

5. Be a “safety detective” for one week.  
What did you find that was dangerous?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

6. Make a safety poster showing dangerous situations and tell or show what you can do about them.

7. Participate in a safety game.  
Think about safety questions your teacher asks. Is the answer “Yes,” or “No,” or “I’ll ask Mom or Dad”?